

Health For Health Professionals Wales

.....Support for doctors with health problems

The Health for Health Professionals (HHP) Wales helpline is a new face to face counselling service for all doctors in Wales. It provides doctors with access to a BABCP (British Association of Behavioural and Cognitive Psychotherapies) accredited therapist in their area. This service is confidential and is fully funded for doctors in Wales by the Welsh Government. The service is currently administered by Cardiff University.

If you wish to use this service call 0800 058 2738 (9am-5pm, Monday to Friday)

If you need to speak to someone out of hours (between 5pm and 9am weekdays and weekends) please telephone the BMA counselling service on 08459 200 169 or go to www.hhpwales.co.uk to find information on a comprehensive range of services available for all doctors across the UK.

Remember you don't have to be a member of the BMA to use the service

Once you contact the helpline a doctor advisor will ring you back within 24 hours to discuss your concerns. If the doctor advisor thinks the counselling service can meet your needs, they will put you in contact with an accredited BABCP therapist to provide you with support. You can then contact the therapist directly. The doctor advisor may also suggest other services that may be of help.

The HHP helpline is confidential. The helpline records anonymised data to evaluate the service. Collecting this data will help us improve future services for doctors across Wales.

The HHP helpline is only for counselling and cannot provide legal advice, an advocacy service or represent doctors at tribunals or GMC hearings.

The HHP Wales helpline is not an emergency service.

Disclaimer:

The therapists and doctor advisors are not employees of the Welsh Government or agents of the Welsh Government. Accordingly the Welsh Government is not responsible for the acts or omissions of any of the therapists or the doctor advisors.

How to contact us

HHP Wales helpline (9am-5pm, Monday to Friday) - telephone: 0800 058 2738

Calls are free from landlines but calls from mobiles may be charged.

Or go to www.hhpwales.co.uk for more information